

Machig Labdron The Foundations Of Chod

Machig Labdron The Foundations Of Chod - Machig Labdron and the Foundations of Chod [Jerome Edou] on Amazon.com. *FREE* shipping on qualifying offers. Machig Labdron is popularly considered to be both a dakini and a deity, an emanation of Yum Chenmo, or Prajnaparamita. Here's the text that's often quoted authoritatively on the life of Machig Labdron. First published in 1996, it's stood the test of time and delivers on its title, laying out the life of Machig Labdron and the foundations of Chod. What it isn't is a practice book, nor does it, other than incidentally, lay out the teachings of Chod. Machig Labdron is popularly considered to be both a dakini and a deity, an emanation of Yum Chenmo, or Prajnaparamita, the embodiment of the wisdom of the buddhas. Historically, this Tibetan woman, a contemporary of Milarepa, was an adept and outstanding teacher, a mother, and a founder of a unique transmission lineage known as the Chöd of ...x Machig Labdron and the Foundations of Chod. Several lamas in the authentic transmission lineage of Chod have advised me throughout this lengthy project, enabling me today to present this translation of the most famous biography of Machig Labdron (1055-1153) together with an outline of her tradition, the Chod of Mahamudra.